

TPA (TRANS PALATAL ARCH) APPLIANCE

What does it do?

The appliance is placed to maintain the upper arch width after expansion has been done.

What does my appliance look like?

- The appliance consists of two bands on the upper first permanent molars with a wire running across the palate from molar to molar.

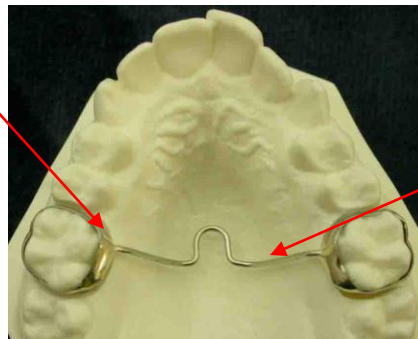
How long will I wear the appliance?

- This appliance is cemented in place so it will remain in the mouth at all times.
- Treatment length will vary with each individual case and complexity. Your orthodontist will keep you informed as to your progress.

What are my responsibilities for a successful treatment?

- It is normal for your teeth to feel sore for a few days. You may take an anti-inflammatory (Ibuprofen) as needed to help you adjust.
- Avoid any hard, sticky foods or food high in sugar while appliance is in place.
- It is important that you clean your teeth and appliance thoroughly after eating including all bands and wire on the roof of your mouth.
- Check your bands daily to make sure it is still cemented in place and nothing has come loose.
- Please contact our office should your appliance become bent, loose, breaks or if it is lost.

Band



Palatal wire